

# **Unit 9: Transitioning Stories**

### What is covered in Transitioning Stories?

Transitional intelligence is likely to become one of the key capabilities of the future. Those of us who can move elegantly through the different phases in life and respond to changes with curiosity and enthusiasm are likely to grow in our appreciation of the powerful forces at play during times of transition.

In this unit you will explore how you navigate yourself through transitions and you are invited to quantify your wisdom around transition so that you can step into your future changes with grace and purpose. You'll contribute to the library of wisdoms of transitional intelligence.

## What will you learn?

- Identify transitional moments in life.
- Explore the power of liminality.
- Examine the resistors of change.
- Recognise the different rites of passage throughout life.
- Understand how to migrate yourself into new identities.

### What else?

Learn more about how you can become empowered by your stories in Unit 10 and consider complementing your development with some 1:1 coaching with our narrative practitioner.

# How do we sign up?

Contact us at madebetterhuman.com.au