



Made
Better
stories

Unit 4: Failure Stories

What is covered in Failure Stories?

Stories of failure abound in our lives and some of us can view these failure stories as an indication that something is faulty or lacking within us. Failure stories can make us feel doomed and can provide us, at times, with excuses so we can avoid certain activities, people and experiences and limit our experience.

In this unit you'll discover the power held within stories about failure and use that knowledge in a regenerative way rather than as stories about the forces that deplete you. You'll experience techniques for reframing and breaking free from mental models that limit you so you can review your stories of failure through an entirely new lens.

What will you learn?

- Examine the impact of failure stories on your life.
- Learn techniques for re-evaluating failure stories.
- Recognise the different mindsets activated through your storytelling.
- Evaluate stories of contamination through the lens of redemption.
- Quantify the skills of precarity.

What else?

Learn more about how you can deconstruct more of your stories in Unit 5 and consider complementing your development with some 1:1 coaching with our narrative practitioner.

How do we sign up?

Contact us at madebetterhuman.com.au