

Your Heroic Journey

What is covered in Your Heroic Journey?

- Identify the signature moments of life
- Distill wisdoms from phases of transition
- Learn about the different plot lines of personal narratives
- Understand the stages of a heroic journey
- Map a heroic journey

Who is it for?

The much-loved and applied framework of the heroic journey can be used as a tool to support us in identifying the defining moments of our life story and to use our acquired skills and knowledge to move us through a period of transformation. We are all heroes of our life story.

What does it offer?

In just 90 minutes you will be taken through a framework for mapping the heroic journey of your life. Understand the life scripts we follow and how the seven narratives of western culture underpin so many of the trails and tribulations of our own life stories.

How do we sign up?

Contact us at madebetterhuman.com.au

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