

# Your Evolving Identity

## What is covered in Your Evolving Identity?

- Understand how narrative identity is created
- Design your narrative pitch
- Learn about the value of living multi-storied lives
- Build a chronology of life
- Explore the actions taken to transform our life story
- Use transitional vitality to create a new personal narrative

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## Who is it for?

Throughout our lives old versions of our identity will be eclipsed by newer versions. Some of us have found that there are times when we are unclear about how to progress with our transformations. This module provides us with provocative questions and a process that can support us through a transition.

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## What does it offer?

This 90-minute program will guide you through a process for making sense of the story of your life. You'll learning the skills of re-authoring and appreciate how you can edit your life story and select new chapters for the life that lies ahead. Recognise how you can tap into a vitality about your future that will reward you with the rediscovery of your potential.

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## How do we sign up?

Contact us at [madebetterhuman.com.au](https://madebetterhuman.com.au)

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