

# The Stories of Life

## What is The Stories of Life?

Stories of life explore the concepts of a 'multi storied life'.

Many of us never consider ourselves as the author of our own life outcomes, yet we have so much influence over our experienced life. How might your future be different if you paused to revisit the meaning you have subconsciously made of previous chapters?

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## Who is it for?

This learning is for those who would benefit from thinking differently about existing narratives. This may be within a business context, in relation to your family or relationships or life generally. Every human has a story they are playing and retelling. This learning is a chance to examine its usefulness in your life and write a new script if you choose too.

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## What does it offer?

You will gain a greater appreciation for how we present a sense of our identity to the world, how the world in turn can shape and transform that identity and the principles that underpin a narrative approach to self-expression. You will learn how we all use language to create our sense of selves and discover a technique that will help create a new personal story, so you can re-write your understanding of any situation.

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## How do we sign up?

Contact us at [madebetterhuman.com.au](http://madebetterhuman.com.au)

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