

Supporting Others Conversations

What is covered in Supporting Others Conversations?

- Recognising when one of your colleagues has had to face into a challenging conversation / situation
- Creating an opportunity for them to debrief / discharge emotion
- Keeping trust and not breaking confidence

Who is it for?

This module is about supporting one another. It provides leaders with tools they can use to have empathetic conversations with others who may have undergone a really tough experience. Whether its about supporting our colleagues or helping someone return to work after a particularly stressful experience, this module will help leaders be confident when having sensitive conversations about sensitive topics.

What does it offer?

Listening skills and asking non-judging questions will help leaders in having conversations that are centred around sensitive topics. Sometimes very personal circumstances can impact how we show up at work. The dissolution of relationships, death and mental health concerns can become sensitive topics. Without trying to make leaders become counsellors, this module will give leaders some techniques to help them have supportive conversations.

How do we sign up?

Contact us at madebetterhuman.com.au

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LEADING
CONVERSATIONS
SERIES