

Building Empathy

What is Building Empathy?

Empathy is the ability to experience and understand what others feel while maintaining a clear discernment about your own and the other person's feelings and perspective. You can identify with and understand another person's situation, feelings and motives. You will explore tools to unlock empathy, develop strategies to improve interpersonal connection and shift from a transaction to an interaction.



understanding
YOUR
BEHAVIOUR

Who is it for?

Building Empathy is for people who want to gain better skills for empathic response. When you're clearer on the impact your non-verbal behavior has on others, and are able to consciously put yourself in the others' shoes, you will be displaying empathy. People who are skilled at empathy are better able to build trust, disarm conflict, grow rapport and have authentic influence in life.

What does it offer?

The good news is that empathy can be learned. Participants will gain new perspectives on service orientation, be clearer on the impact non-verbal behavior has on others and become better collaborators. Learners share insights by reflecting on the role empathy plays at the workplace and in the community and learn the 5 key steps to building empathy in any situation. You will be better equipped to successfully relate to others whenever an empathic response is required.

How do we sign up?

Contact us at madebetterhuman.com.au

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